

Act Now

“Somebody should tell us, right at the start of our lives that we are dying. Then we might live life to the limit, every minute of every day. Do it I say. Whatever you want to do, do it now! There are only so many tomorrows”. (Quote: Michael Landon)

We tend to live our lives subconsciously believing that we will live forever; there is generally always an expectation that we will have a tomorrow. An ideal world perspective is to live one day at a time although many believe that this is not a practical way of living. However, an appreciation for each day leads to an enhanced, healthy and enriched life. This does not mean that you ignore the future; it is always wise to have a vision and aim for your goals. Preparation for the future should always be done now; today is the only day you can take action for tomorrow.

Procrastination is putting off to the future something you know you should be doing now. We all know the adage, “Never put off until tomorrow what you can do today” and as a wise man said, “If you want to make an easy job hard, just keep putting it off”. Realise that what you do or don’t do today will affect your tomorrow, so make the most of today for a better tomorrow. Concentrate on what is now, not what was or what might be. Today, the present time you are in right now, needs you. You have a purpose for this day in time and a responsibility to those around you to live in the now while giving positive thought for the future. Exercise the full power of your human will and become mindful of every action that you undertake. Constantly remind yourself to pay close attention to your actions, to relish every moment and everything you do

Any astute businessman or Entrepreneur knows that unique opportunities will present themselves at any time and they know they must be ready to act now or they will lose that opportunity to someone else. By using each day to gain knowledge and by focusing on their area of interest they are always in readiness to make decisions and take action ‘now’ and so have a great advantage over their competitors. It is their ability to live in the present moment and focus on what needs to be accomplished, that determines where they will be tomorrow and how much better that tomorrow will be.

So, when you make a decision to do a task – take action and do it now! Don’t abuse time. So many things can change between today and tomorrow and more urgent tasks may crop up. The time lost now can never be redeemed.

As James Rohn says, “Life is not a practice session...we must challenge ourselves right now with a new level of thinking and drive ourselves toward a new level of achievement”. “That means making a commitment *now* to put into action all that we currently are, wherever we currently are and with whatever we currently have.” Read books now that will help you in your future, associate with people who have stimulating ideas, convert your dreams into goals and plans. Making time for all that now will harness your future for success.

You have the ability to achieve everything you want if you will just begin the process *now*.